**COVID-19 Resource List**

*Draft 04.01.20*

**Information & Referral:**

Vermont 211 is a comprehensive information and referral service. People can search their database at [www.vermont211.org](http://www.vermont211.org) or:

* dial 2-1-1 – a local call from anywhere in Vermont
* 1-866-652-4636 – toll free in Vermont
* (802) 652-4636 – from outside of Vermont
* Text your zip code to 898211

**The Vermont 2-1-1 contact center is available 24/7**

**Texting is only available Monday through Friday from 8am - 8pm.**

**Some frequently used resources might be:**

**Food Access:**

Many of these programs may have income eligibility guidelines and they may differ depending on program. Because of the current situation with the coronavirus, food shelf and meal site operations are changing regularly. **It’s advisable to call first to ensure they are still open.** For more information about food resources in Vermont, you can visit the Vermont Food Bank website at https://www.vtfoodbank.org/

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| **Resource** | **Rochester Federated Church**  ***Food Shelf*** |
| **Location** | Rochester Federated Church  15 North Main Street  Rochester, VT |
| **Contact** | Ruth McLoughlin  802-767-3030 |
| **Serves** | Rochester, Hancock, Granville |
| **Schedule** | Last Saturday of the Month  9:00 am – 10:00 am or by appointment |

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| **Resource** | **Rochester Elementary School**  ***Meal Program*** |
| **Location** | Rochester Elementary School |
| **Contact** | Erica Harrington  802-767-4632 / [eharrington@wrvsu.org](mailto:eharrington@wrvsu.org)  If you want to sign up for meals, call the office and leave a message w/ the # of children and if there are any food allergies along w/ a call-back # |
| **Serves** | Breakfast & lunch for youth 0-18 in Hancock, Granville, Rochester through pick up (delivery available for students) |
| **Schedule** | Pick up at school Monday / Wednesday / Friday 11:00 am – 12:00 pm |

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| **Resource** | **Quin-Town Senior Center**  ***Meals on Wheels*** |
| **Location** | 1097 VT RT 100 Hancock, VT |
| **Contact** | Jody Troumbley  767-3763 |
| **Serves** | Rochester, Hancock, Granville, Stockbridge, Pittsfield |
| **Schedule** | Monday / Wednesday / Friday |

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| **Resource** | **Hope**  ***Food Shelf*** |
| **Location** | John V. Craven Community Service Center  282 Boardman Street  Middlebury VT 05753 |
| **Contact** | 802-388-3608  www.hope-vt.org/how-we-help/local-food-access-program/ |
| **Serves** | Addison County |
| **Schedule** | Monday - Friday  9:00 am – 4:00 pm |

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| **Resource** | **MRV Interfaith Council Fund**  ***Unsure what type of assistance is provided*** |
| **Location** | 5308 Main Street  Waitsfield, VT |
| **Contact** | 802-496-3065 |
| **Serves** | unknown |
| **Schedule** | Tuesday 9:00 am – 12:00 pm  Thursday & Saturday 10:00 am – 12:00 pm |

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| **Resource** | **Capstone Community Action**  ***Food Shelf*** |
| **Location** | Capstone Community Action  20 Gable Place  Barre, VT |
| **Contact** | 802-479-1053 / 800-639-1053  www.capstonevt.org/family-community-support-services/food-nutrition-programs |
| **Serves** | Lamoille, Washington, Orange & Northern Windsor Counties as well as Hancock, Granville & Pittsfield |
| **Schedule** | Call ahead for hours of operation |

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| **Resource** | **3SquaresVT**  ***Financial assistance to purchase food at grocery stores*** |
| **Location** | Statewide |
| **Contact** | ESD Service Center 1-800-479-6151 to request paper application  <https://dcf.vermont.gov/benefits/3SquaresVT> to apply online.  You can also contact the Vermont Foodbank for more information about 3SquaresVT. You can text VFBSNAP to 85511 to see if you may be eligible. You can reach the 3SqaresVT team by email at [3SVT@vtfoodbank.org](mailto:3SVT@vtfoodbank.org) or phone at 1-802-477-4136 or toll-free at 1-855-855-6181. |
| **Serves** | To receive SNAP benefits, you need to meet certain income and other guidelines. Household Size Monthly Gross Income Limit   * 1 person: $1,926 * 2 people: $2,609 * 3 people: $3,290 * 4 people: $3,971 * 5 people: $4,653 * 6 people: $5,334   For each additional person, add $683. |

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| **Resource** | **WIC**  ***Financial assistance to purchase food at grocery stores*** |
| **Location** | Statewide |
| **Contact** | To find out more or to apply go to: <https://www.healthvermont.gov/family/wic> Call 1-800-649-4357 or email [WIC@Vermont.gov](mailto:WIC@Vermont.gov?subject=WIC%20-%20Question%20about%20Nutrition%20Services%20and%20Enrollment) with any questions about WIC nutrition services and enrollment. |
| **Serves** | If you’re pregnant, a caregiver, or a parent with a child under five, WIC might be able to help. |

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| **Resource** | **Commodity Supplemental Food Program (CSFP)**  ***USDA nutrition program offers free monthly nutrition information and nutritious foods to income-eligible older adults.*** |
| **Location** | Statewide |
| **Contact** | For more information or to apply call 1-800-214-4648 or go to <https://www.vtfoodbank.org/share-food/csfp> |
| **Serves** | **ho is eligible for CSFP?**   * 60 years of age or older, living in Vermont * Individual and/or household income will be used to determine eligibility * Each household member may be eligible, and will need to complete an application form   **CSFP Income Eligibility Guidelines**   * 1 person:              $1,383/month * 2 people:              $1,868/month * 3 people:              $2,353/month   Note: Each eligible person receives their own food box at one designated site.  People **can** participate in other federal nutrition programs, like 3SquaresVT, at the same time. |

**Energy / Housing / Other Assistance:**

Many of these programs may have income eligibility guidelines and they may differ depending on program. For more information on state benefits call the service center at 802-479-6151 or go to <https://dcf.vermont.gov/benefits/>

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| **Resource** | **Capstone Community Action**  ***Crisis Fuel Assistance / housing counseling and limited financial assistance for households who are homeless or on the verge of homelessness (ex: have received notice they must be out within 21 days)***  ***Capstone also provides budget coaching and occasionally has small pots of flex funds available or are connected to resources that can help with different issues.*** |
| **Location** | Capstone Community Action  Randolph VT |
| **Contact** | 802-728-9506 – leave a message and a staff member will return your call.  www.capstonevt.org  landerson@capstonevt.org |
| **Serves** | Lamoille, Washington, Orange & Northern Windsor Counties as well as Hancock, Granville & Pittsfield |
| **Schedule** | Monday – Friday 8:00 am – 4:30 pm (closed 12-1 for lunch), Only providing services by phone currently. |

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| **Resource** | ***Green Mountain Power’s Energy Assistance***  ***25% Discount on monthly charges. May qualify for arrears forgiveness if you're new to the program and owe on a past bill*** |
| **Location** | Statewide – Green Mountain Power Customers |
| **Contact** | 1-800-775-0516 to request paper application or visit  <https://dcf.vermont.gov/benefits/eap/gmp> |
| **Serves** | 1. Be a residential customer of Green Mountain Power 2. Have a total gross monthly household income at or below [150% of the federal poverty level](https://dcf.vermont.gov/sites/dcf/files/ESD/Docs/EAP/EAP-Income-Guidelines.pdf) |

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| **Resource** | * **Emergency / General Assistance** * ***Personal needs and incidentals, Housing (e.g., mortgage, rent, room rent, temporary housing), Fuel & utilities, Medical, dental, prescriptions, medical supplies/equipment, Burial costs*** |
| **Location** | Statewide |
| **Contact** | ESD Service Center 1-800-479-6151 to request paper application  <https://dcf.vermont.gov/benefits/3SquaresVT> to apply online |
| **Serves** | 1. You may be eligible if you have an emergency need and do not have the income or resources to meet that need. The best way to find out if you are eligible is to apply! We will review your situation and let you know if you qualify |

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| **Resource** | * **Clara Martin Center** * ***Mental Health & Substance Abuse Services*** |
| **Location** | Orange & Northern Windsor Counties as well as Hancock & Granville – services provided by phone currently |
| **Contact** | For general inquiries contact 802-728-4477  For Emergencies call 800-639-6360 |

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| **Resource** | * **Stagecoach (Tri-Valley Transit)** * ***Transportation – program changes are occurring regularly – call for more information*** |
| **Location** | Orange & Northern Windsor Counties as well as Hancock & Granville |
| **Contact** | For general inquiries contact (802) 728-3773 |